

FUSS FREE



NATURAL EAR CLEANER RECIPE



WHAT YOU NEED

BEFORE YOU GET STARTED MAKE SURE YOU HAVE EVERYTHING!

- ✔ 4oz or larger plastic bottle with spout cap
- ✔ A Half Cup of Water
- ✔ One Tbsp of Witch Hazel
- ✔ One Tbsp of Hydrogen Peroxide
- ✔ One Tbsp of Apple Cider Vinegar

Mix the water, witch hazel, hydrogen peroxide and apple cider vinegar together and pour into the 4oz bottle!

Dr. Angie Krause, DVM

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DIRECTIONS

FOR CLEANING YOUR DOG OR CAT'S EARS:

Clean your pet's ears when you see wax or debris in the outer ear.

- 1) Generously soak a cotton ball with ear cleaner (avoid using Q-tips, as these have the potential of causing damage to your pet's inner ear).**
- 2) Hold your pet and place the soaked cotton ball in one ear.**
- 3) Gently massage your pet's ear with the cotton ball inside, so that the ear cleaner can make it down into your pet's ear canal. Your pet will shake their head during this step, so it's recommended to wear something that can get wet or dirty!**
- 4) Using a dry cotton ball, wipe the inside of your dog or cat's ear.**
- 5) Repeat the above steps until the cotton ball is clean and without debris.**
- 6) Now do the other ear!**

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