

Smoothie Recipes

for Dogs



Instructions: Blend ingredients well and pour.

IMMUNE BOOSTING SMOOTHIE

1 apple (peeled and sliced)
1 cup of blueberries
1-2 cups of ice or Dr. Angie's homemade broth
frozen into ice cubes
1-2 tsp coconut oil
Immuno Support supplement by weight
1 cup chopped kale

ANTI-INFLAMMATORY SMOOTHIE

1 cup of blueberries
1 apple (peeled and sliced)
1-2 cups of ice or Dr. Angie's homemade broth
frozen into ice cubes
½ Tbsp coconut oil
1 Tbsp turmeric
1-2 Tbsp ground flax seed
1 Tbsp cinnamon
1 cup chopped kale

DIGESTIVE HEALTH SMOOTHIE

1 cup of berries (strawberries, raspberries,
blueberries, or mix)
1 apple (peeled and sliced)
¼ cup pineapple
1-2 cups of ice or Dr. Angie's homemade broth
frozen into ice cubes
Probiotics by weight - either RxVitamins or
Thorne Bacillus Coagulans
2 Tbsp sweet potato
1 Tbsp chia seeds
Small knob of ginger
1 cup of chopped spinach

*Visit boulderholisticvet.com to purchase
Immunosupport, RxVitamins Probiotics,
and Thorne Bacillus Coagulans*

DR. ANGIE'S HOMEMADE BROTH

Ingredients: 2 chicken legs with skin and bone.

Cooking Instructions: Put two chicken legs in stock pot with bone and skin. Fill with water. Bring to boil and let simmer for 90 minutes. This creates a gentle broth. Keep in the refrigerator for 7 days and in the freezer for up to 6 months. Freeze in ice cube trays.